

The Best Guide to Fit!

- **To select your pattern size**, use your body measurements, not ready-to-wear size.
- **All Simplicity® patterns are multi-sized** to help you get a custom fit.
- **Finished garment measurements** are printed on the pattern tissue and on the back of many pattern envelopes. Compare these against the **body measurement chart** for your size. The difference is the amount of ease allowed.
- **To take accurate body measurements** follow the **how-to-measure** steps below. Periodically check your measurements for changes.
- **To find your figure type**, use height and back waist length measurements and descriptions in **measurement charts** to determine figure type.

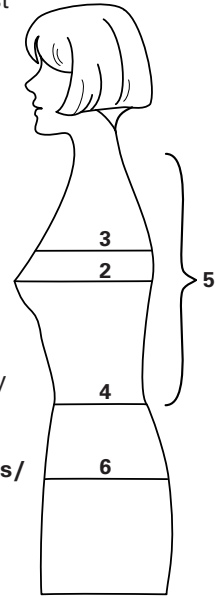
| Garment | Use this measurement for correct size |
|---|--|
| Dresses, Tops Jackets and Separates | Bust: If you have more than 2 1/2" (6.3cm) difference between bust and high bust , select your pattern size by high bust* measurement |
| Skirts & Pants | Waist measurement: If your hips are two sizes or more larger than your waist, use hip measurement. |
| Maternity | Same pattern size you used before pregnancy |
| Between Two Sizes | Smaller size for a closer fit, or if you are small-boned. Larger size for a looser fit, or if you are large-boned. |

*Misses patterns are made for a B cup with 2 1/2" (6.3cm) difference between bust and high bust measurement.

How to Measure:

Measure over the undergarments you normally wear. Hold the tape measure comfortably snug, but not tight.

1. **Height:** Standing against a flat wall without shoes, from floor to top of your head.
2. **Bust:** Around the fullest part of the bust and straight across the back.
3. **High Bust:** directly under the arms, straight across the back and above the bust.
4. **Waist:** Tie a narrow elastic around waist and let it settle naturally at your waistline. Measure over the elastic. Keep the elastic in place for the next measurement.
5. **Back Waist Length:** from the most prominent bone at the base of neck to the natural waistline.
6. **Hip:** around body at fullest part, usually 7"- 9" (18-23cm) below waist.



For help / Pour plus amples renseignements / Para mas información:

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BODY MEASUREMENT CHARTS

Babies' - For infants who are not yet walking.

| Sizes | XXS | XS | Small | Medium | Large |
|----------------|--------------|-----------|-------------|-------------|------------|
| Weight | up to 7 lbs. | 7-13 lbs. | 13-18 lbs. | 18-21 lbs. | 21-24 lbs. |
| Approx. Height | up to 17" | 17"-24" | 24"-26 1/2" | 26 1/2"-31" | 31"-34" |

Toddlers' - For figures that are taller than Babies but shorter than Children. Pants have a diaper allowance; dresses are shorter than Children's sizes.

| Sizes | 1/2 | 1 | 2 | 3 | 4 | |
|----------------|-----|--------|----|--------|----|----|
| Chest | 19 | 20 | 21 | 22 | 23 | In |
| Waist | 19 | 19 1/2 | 20 | 20 1/2 | 21 | " |
| Approx. Height | 28 | 31 | 34 | 37 | 40 | " |

Child's

| Sizes | 2 | 3 | 4 | 5 | 6 | 6X | 7 | 8 | |
|-------------------|-------|--------|-------|--------|--------|--------|--------|--------|----|
| Chest | 21 | 22 | 23 | 24 | 25 | 25 1/2 | 26 | 27 | In |
| Waist | 20 | 20 1/2 | 21 | 21 1/2 | 22 | 22 1/2 | 23 | 23 1/2 | " |
| Hip | — | — | 24 | 25 | 26 | 26 1/2 | 27 | 28 | " |
| Back Waist Length | 8 1/2 | 9 | 9 1/2 | 10 | 10 1/2 | 10 3/4 | 11 1/2 | 12 | " |
| Approx. Height | 35 | 38 | 41 | 44 | 47 | 48 | 50 | 52 | " |

Girls'/Girls' Plus - For the growing girl who has not yet begun to mature.

Girls' Plus are designed for girls over the average weight for their age and height.

| Sizes | Girls' | | | | | | Girls' Plus | | | | | |
|-------------------|--------|--------|--------|--------|--------|--------|-------------|--------|--------|--------|--------|----|
| | 7 | 8 | 10 | 12 | 14 | 16 | 8 1/2 | 10 1/2 | 12 1/2 | 14 1/2 | 16 1/2 | |
| Chest | 26 | 27 | 28 1/2 | 30 | 32 | 34 | 30 | 31 1/2 | 33 | 34 1/2 | 36 | In |
| Waist | 23 | 23 1/2 | 24 1/2 | 25 1/2 | 26 1/2 | 27 1/2 | 28 | 29 | 30 | 31 | 32 | " |
| Hip | 27 | 28 | 30 | 32 | 34 | 36 | 33 | 34 1/2 | 36 | 37 1/2 | 39 | " |
| Back Waist Length | 11 1/2 | 12 | 12 1/2 | 13 1/2 | 14 1/2 | 15 | 12 1/2 | 13 1/2 | 14 | 14 1/2 | 15 1/2 | " |
| Approx. Height | 50 | 52 | 56 | 58 1/2 | 61 | 61 1/2 | 52 | 56 | 58 1/2 | 61 | 63 1/2 | " |

Junior

| Sizes | 3/4 | 5/6 | 7/8 | 9/10 | 11/12 | 13/14 | 15/16 | 17/18 | 19/20 | 21/22 | 23/24 | |
|--------------------|--------|-----|--------|------|--------|--------|--------|--------|--------|--------|--------|----|
| Bust | 28 | 29 | 30 1/2 | 32 | 33 1/2 | 35 | 36 1/2 | 38 1/2 | 40 1/2 | 42 1/2 | 44 1/2 | In |
| Waist | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 1/2 | 31 | 33 1/2 | 35 1/2 | " |
| Hip-7" below waist | 31 | 32 | 33 1/2 | 35 | 36 1/2 | 38 | 39 1/2 | 41 1/2 | 43 1/2 | 45 1/2 | 47 1/2 | " |
| Back Waist Length | 13 1/2 | 14 | 14 1/2 | 15 | 15 1/2 | 16 1/2 | 16 1/2 | 16 1/2 | 16 1/2 | 17 1/2 | 17 1/2 | " |

Junior Plus

| Sizes | 13/14+ | 15/16+ | 17/18+ | 19/20+ | 21/22+ | 23/24+ | 25/26+ | 27/28+ | 29/30+ | 31/32+ | |
|--------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|----|
| Bust | 39 1/2 | 41 | 42 1/2 | 44 | 45 1/2 | 47 1/2 | 49 1/2 | 51 1/2 | 53 1/2 | 55 1/2 | In |
| Waist | 32 1/2 | 33 1/2 | 34 1/2 | 35 1/2 | 37 | 38 1/2 | 40 | 41 1/2 | 43 | 44 1/2 | " |
| Hip-7" below waist | 41 1/2 | 43 | 44 1/2 | 46 | 47 1/2 | 49 1/2 | 51 1/2 | 53 1/2 | 55 1/2 | 57 1/2 | " |
| Back Waist Length | 15 1/2 | 16 | 16 1/2 | 16 1/2 | 17 | 17 1/2 | 17 1/2 | 17 1/2 | 17 1/2 | 18 | " |

Misses'/Miss Petite - For well-proportioned, developed figures.

Misses' about 5' 5" to 5' 6" without shoes. Miss Petite under 5' 4" without shoes.

| Sizes | 4 | 6 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | 22 | 24 | 26 | |
|--------------------------|--------|--------|--------|--------|--------|--------|--------|----|--------|--------|--------|--------|----|
| Sizes-European | 30 | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | |
| Bust | 29 1/2 | 30 1/2 | 31 1/2 | 32 1/2 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | In |
| Waist | 22 | 23 | 24 | 25 | 26 1/2 | 28 | 30 | 32 | 34 | 37 | 39 | 41 1/2 | " |
| Hip-9" below waist | 31 1/2 | 32 1/2 | 33 1/2 | 34 1/2 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | " |
| Back Waist Length | 15 1/2 | 15 1/2 | 15 1/2 | 16 | 16 1/2 | 16 1/2 | 16 1/2 | 17 | 17 1/2 | 17 1/2 | 17 1/2 | 17 1/2 | " |
| Petite-Back Waist Length | 14 1/2 | 14 1/2 | 14 1/2 | 15 | 15 1/2 | 15 1/2 | 15 1/2 | 16 | 16 1/2 | 16 1/2 | 16 1/2 | 16 1/2 | " |

Women's/Women's Petite - For the larger, more fully mature figures.

Women's about 5' 5" to 5' 6" without shoes. Women's Petite under 5' 4" without shoes.

| Sizes | 18W | 20W | 22W | 24W | 26W | 28W | 30W | 32W | |
|--------------------------|--------|--------|--------|--------|--------|--------|--------|-----|----|
| Sizes-European | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | |
| Bust | 40 | 42 | 44 | 46 | 48 | 50 | 52 | 54 | In |
| Waist | 33 | 35 | 37 | 39 | 41 1/2 | 44 | 46 1/2 | 49 | " |
| Hip-9" below waist | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | " |
| Back Waist Length | 17 1/2 | 17 1/2 | 17 1/2 | 17 1/2 | 17 1/2 | 17 1/2 | 17 1/2 | 18 | " |
| Petite-Back Waist Length | 16 1/2 | 16 1/2 | 16 1/2 | 16 1/2 | 16 1/2 | 16 1/2 | 16 1/2 | 17 | " |

Unisex - For figures within Misses', Men's, Teen-Boys, Boys' and Girl's size ranges.

| Sizes | XXS | XS | S | M | L | XL | XXL | |
|------------|-------|-----------|-------|-------|-------|-------|-------|----|
| Chest/Bust | 28-29 | 30-32 | 34-36 | 38-40 | 42-44 | 46-48 | 50-52 | In |
| Hip | 29-30 | 31-32 1/2 | 35-37 | 39-41 | 43-45 | 47-49 | 51-53 | " |

Boys' & Teen Boys' - For growing boys and young men who have not reached full adult stature.

| Sizes | 7 | 8 | 10 | 12 | 14 | 16 | 18 | 20 | |
|----------------|--------|--------|--------|--------|--------|--------|--------|--------|----|
| Chest | 26 | 27 | 28 | 30 | 32 | 33 1/2 | 35 | 36 1/2 | In |
| Waist | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | " |
| Hip | 27 | 28 | 29 1/2 | 31 | 32 1/2 | 34 1/2 | 35 1/2 | 37 | " |
| Neck Band | 11 1/2 | 12 | 12 1/2 | 13 | 13 1/2 | 14 | 14 1/2 | 15 | " |
| Approx. Height | 48 | 50 | 54 | 58 | 61 | 64 | 66 | 68 | " |
| Shirt Sleeve | 22 1/2 | 23 1/2 | 25 | 26 1/2 | 29 | 30 | 31 | 32 | " |

Men's - For men of average build; about 5' 10" without shoes.

| Sizes | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | |
|--------------|--------|----|--------|----|--------|----|--------|----|--------|----|--------|----|
| Sizes-Eur/Fr | 42 | 44 | 46 | 48 | 50 | 52 | 54 | 56 | 58 | 60 | 62 | |
| Chest | 32 | 34 | 36 | 38 | 40 | 42 | 44 | 46 | 48 | 50 | 52 | In |
| Waist | 27 | 28 | 30 | 32 | 34 | 36 | 39 | 42 | 44 | 46 | 48 | " |
| Hip | 34 | 35 | 37 | 39 | 41 | 43 | 45 | 47 | 49 | 51 | 53 | " |
| Neck Band | 13 1/2 | 14 | 14 1/2 | 15 | 15 1/2 | 16 | 16 1/2 | 17 | 17 1/2 | 18 | 18 1/2 | " |
| Shirt Sleeve | 31 | 32 | 32 | 33 | 33 | 34 | 34 | 35 | 35 | 36 | 36 | " |